

SUTTER/YUBA COMMUNITY RESOURCES

BEHAVIORAL HEALTH SERVICES

Latino Outreach Center (Sutter Yuba Behavioral Health): For **Spanish speaking** adults, children and families call **530-674-1885**, Monday through Thursday, 8:00AM – 5:00PM for information, registration and intake; all appointments are by telephone only.

Sutter Yuba Behavioral Health:

Youth Services call **530-822-7513**, Monday – Friday, 8:00AM – 5:00PM

Adult Services (new clients) call **530-822-7200**, Monday – Wednesday, 8:00AM – 5:00PM

Sutter Health Grief and Bereavement Support: For adults and children, call **530-749-3460**, Monday – Friday, 9:00AM – 5:00PM

Casa de Esperanza: Crisis line for help with domestic violence; 24 hours/day, 7days/week, **530-674-2040**

Tri-County Diversity: Community resources, peer support, and social events for the LGBTQIA community in Yuba, Sutter, and Colusa counties; call or text **530-763-2411**; <https://www.tricountydiversity.org/>

CalHOPE: Support for emotional stress, including COVID related stress; **833-317-4673**

California Parent and Youth Hotline: Support and resource referrals to parents and youth during COVID; 7 days/week, 8AM – 8PM, call or text **855-427-2736**,

California Peer-Run Warm Line: “a highly accessible low-threshold mental health resource that people can use to seek support before they’ve reached the crisis point, in the hope that support now will prevent crisis later. All calls are free and confidential.” Open 24/7, **1-855-845-7415** (toll free) or CHAT [mentalhealthsf.org](https://www.mentalhealthsf.org)

National Institute of Mental Health:

Crisis Text Line: Text HELLO to 741741

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Disaster Distress Helpline: 1-800-985-5990; Text TalkWithUs to 66746

SUPPORT GROUPS

Parents of Addicted Loved Ones (PAL): Tuesdays, 7:00PM, First Lutheran Church, 850 Cooper Avenue, YC, Call Sandy at 530-743-8782 for more information.

New Beginnings Codependents Anonymous: Tuesdays, 7:00PM, Cornerstone Community Church, 700 Washington Ave., YC, 530-275-1478

Overeaters Anonymous: Mondays, 6:00PM, St Andrew Presbyterian Church, 1390 Franklin Road, YC
Call 530-635-5034 for more information. **No meetings due to COVID-19; call 415-246-0064.**

Al-Anon Twin Cities: Tuesdays, 7:00-8:30PM and Wednesdays, 10:00-11:00AM, The Bride Church, 1321 Peach Tree Lane, YC; call 530-334-6734 for more information.

The Widowed Persons Group of Sutter-Yuba: Wednesdays, 1:00PM, Tracy’s Diner, 724 J St. Marysville

Gamblers Anonymous: Tuesdays, 7:00PM – 8:30PM, St. Andrew Presbyterian Church, 1390 Franklin Road, Room C, Yuba City.

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COVID-19 RENT RELIEF

Renters who are income eligible, have experienced financial hardship due to COVID-19 and have past due rent (accrued between 3/1/2020 & 9/30/2021) can apply for 25% of past due and future rent plus 100% of up to 12 months of unpaid or future utility bills.

Landlords can get reimbursed for 80% of past due rent (accrued between 3/1/2020 & 9/30/2021) if they agree to waive the remaining 20% of unpaid rent.

After September 30, 2021, renters will be responsible for paying 100% of past due rent which can be covered if they apply for assistance.

Go to <http://housing.ca.gov/> or call 833-430-2122 (7AM – 7PM, Mon – Sun)

COVID-19 FINANCIAL AID

Childcare: Short-term funding is available for eligible Sutter County residents to assist with costs of childcare; call Sutter County One Stop, **(530) 822-5120 x3031**

Cash Aid: One-time payment of \$400 or \$800, income restrictions apply, call Sutter County One Stop, **(530) 822-5120**

HOMELESS SERVICES

REST Shelter: Emergency winter shelter for women, couples, & families; 11.29.21 – 4.1.22, shelter opens at 5:00PM every night; **715 King Avenue**, Yuba City, 530-683-2274, rest.yubasutter@gmail.com

Hands of Hope: A day facility that provides laundry, showers, clothing, and light case management for people who are homeless, ID required.

Coordinated Entry: Part of HUD's Continuum of Care (COC) Program, a county-based point of entry for people who are homeless or about to be homeless providing connections to all partnering homeless programs; ID required.

Sutter County: 909 Spiva Avenue, Yuba City; M-F 9:00AM - 3:30PM, **530-755-3491**

Yuba County: 131 F Street, Marysville; M-F 9:00AM - 3:30PM, **530-749-6811**

Sutter County CalWORKs/Employment Services Housing Support Program: For recipients of CalWORKs and are homeless or about to be homeless, 539 Garden Hwy, Ste A, YC, **530-822-7133**

Salvation Army Rapid Rehousing Program: Income eligible, homeless or soon to be homeless and not receiving assistance from any other housing program, 401 Del Norte Ave., YC, Call Bethanie Hall, **530-216-4530 x4539**

Job Assistance for People Experiencing Homelessness: Job Search Assistance, Paid Work Experience, On-the-job Training, Training Opportunities; Sutter County One Stop, 950 Tharp Road, #1000, **530-822-5120**

EVICTIION ASSISTANCE (for tenants)

As of October 1, 2021 renters who receive a notice to “pay or quit” for unpaid rent during the COVID-19 pandemic can still be protected from eviction. If the notice is for unpaid rent between March 1, 2020 and September 30, 2021, renters must give their landlord a signed declaration of COVID-10 related financial distress, https://housing.ca.gov/pdf/forms/tenant/1179_02d.pdf within 15 business days of receiving a notice to “pay or quit”.

Resources:

California Rural Legal Assistance COVID-19 Resources

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<http://www.crla.org/covid-19>

Local Office: 511 D Street, Marysville, CA; 530-742-5191

California Courts Tenant Rights Checklist for Evictions

<https://www.courts.ca.gov/44660.htm#tenants>

Legal Services of Northern California – What to do with court eviction papers

<https://lsnc.net/housing/i-was-just-served-court-eviction-papers-what-do-i-do>

Legal Services of Northern California – Answer to Eviction Instruction Packet

<https://lsnc.net/sites/default/files/Complete%20Answer%20Packet%2012-17-2020.pdf>

Law Help CA – <https://www.lawhelpca.org/>

FOOD PANTRIES

1. Crossroads Community Church, Mon – Fri, 2:00pm – 3:00PM, 445 B Street, YC, 751-9168
2. Salvation Army, T & F 9:00AM – 11:00AM, 401 Del Norte, YC, 216-4530 x4539
3. St. Andrew Presbyterian Church (Mother Hubbard's Cupboard), Mon-Fri, 1:15PM – 3:15PM, 1390 Franklin Ave., YC, 743-7353
4. St. Vincent de Paul (St. Isidore Catholic Church), T-TH, 9:15AM-11:15AM, 222 Clark Ave., YC, 671-5154
5. Hope of Heart Relief Center (Glad Tidings Church), Wed. & Fri, 10:00AM – 2:00PM, 4444 Live Oak Blvd. (north of Eager road), 530-671-3160 x245
6. First Lutheran Church, Thursdays, 10:00 – 11:30AM, 850 Cooper Avenue, Yuba City
7. Cornerstone of Hope Food Pantry, 700 Washington Ave., YC, 530-674-3087
8. Craftsmen for Christ, 1321 Peach Tree Lane, YC, 530-751-0505
9. Yuba City SDA Food Pantry, 1460 Richland Rd., YC, 530-673-3754
10. First United Methodist Church Food Pantry, 3101 Colusa Hwy. YC, 530-673-5858
11. The Bride Church Mobile Meals Ministry, 1321 Peachtree Ln., YC, 530-822-7910

USDA/PRODUCE DISTRIBUTION SITES

1. USDA, 3RD Monday, 760 Stafford Way, YC, 9AM – 10AM
2. USDA, 4th Friday, Moose Lodge, 205 S. Walton Avenue, 9-10AM
3. Produce, Fridays, First Lutheran Church, 850 Cooper Avenue, 10-11:30AM
4. Fresh Food, Salvation Army, Fridays 2/4 – 5/27, 9:00AM – 12:00PM, 401 Del Norte Avenue, Yuba City
5. Salvation Army Daily Food Distribution (also bathrooms and handwashing)
68 Second Street, Yuba City (near the boat dock), 12:00PM - 1:00PM
131 F Street, Marysville, 10:00AM - 11:00AM

FOOD DELIVERY PROGRAMS

1. Yuba-Sutter Food Bank will make deliveries to food-insecure seniors 60 and older, handicapped or other groups at high risk to coronavirus, and people without transportation on Saturdays, Tuesdays, and Thursdays beginning March 28. Contact the Yuba-Sutter Food Bank by 3:00pm on the day before the delivery. Call **530-673-3834** or email yubasutterfoodbank@gmail.com Type "Delivery" in the subject line. For more updates, go to <http://www.yuba-sutterfoodbank.com/>

2. Cornerstone Church of Yuba City offers a grocery and pharmacy run program for seniors and others who are at risk, can pay for their groceries, and need someone to shop for them. Call **530-674-8463** or visit www.cornerstoneyc.com/grocery

3. Yuba-Sutter COVID-19 Relief Task Force (group of nonprofit organizations): To assist locals affected by the current coronavirus emergency. Hotline open 7 days/week, 9:00AM – 5:00PM; **530-645-2003**, <https://www.yubasutterchamber.com/yubasutterrelieftaskforce>

CHILDCARE RESOURCES

Childcare Funding: Short-term funding is available for eligible Sutter County residents to assist with costs of childcare; call Sutter County One Stop, **(530) 822-5120 x3031**

Childcare Funding: Children's Home Society 1650 Sierra Avenue, Ste 102, Yuba City, **530-645-6298**
Income eligible parents can apply for funding to cover or subsidize cost of childcare. CHS also provides referrals to local early education and childcare programs and other services.

ENGLISH LITERACY AND USA CITIZENSHIP CLASSES

English Classes: M-W, 9:00AM – 12:00PM, in the hall behind the Sutter County Museum, 1333 Butte House Road, Yuba City, for more information call 530-822-7272 or go to www.suttercountylibraryliteracy.com

Citizenship Classes: M-Th, 10:00AM – 12:00PM, Mahal Plaza, 1719 Franklin Road, Yuba City, for more information call 530-822-7272 or go to www.suttercountylibraryliteracy.com

REFUGEE ASSISTANCE

International Rescue Committee Sacramento: Refugee resettlement assistance, 2020 Hurley Way, Suite 420, Sacramento 95825; 916-482-0120, <https://www.rescue.org/announcement/refugee-resettlement-sacramento>

World Relief Sacramento: Refugee resettlement assistance, 4616 Roseville Rd. Ste 107, North Highlands, 95660, 916-978-2650, <https://worldrelief.org/sacramento/for-clients/afghan-allies/#afghans>

Opening Doors: Refugee Resettlement, Business Microloan Program, Survivors of Human Trafficking Program; 1111 Howe Avenue, Ste 125, Sacramento 95825; M-F 9:00-4:30, closed 12-1, 916-492-2591, info@openingdoorsinc.org

No One Left Behind: SIV and resettlement assistance to US allies and their families, <https://nooneleft.org/how-to-get-a-visa/>

Office of State Senator Jim Nielsen: For assistance obtaining services from state agencies; 1110 Civic Center Blvd., Ste 202-A, YC, 530-751-8657, M-F, 9AM – 5PM.

WIC (WOMEN, INFANTS, AND CHILDREN)

Nutrition education, breastfeeding support, groceries, and community resources for Sutter and Yuba County residents with these qualifying conditions: pregnant, breastfeeding/bottle feeding, or have a child under age 5 AND low to medium income or receive Medi-Cal, CalWorks, or CalFresh. Migrant, military, and kinship/foster care families are encouraged to apply.

Sutter County Health Dept, 1445 Veterans Mem. Circle, YC, 822-7224, M-Th 8AM – 5:30PM, every other Friday 8AM – 5PM

Live Oak Boy Scout Building, 2670 Myrtle St. L.O., 822-7224, 2nd Thurs 9AM – 4:30PM

Richland Neighborhood Center, 420 Miles Ave, YC, 822-7224, 1st Thurs 9AM – 4:30PM

PARENTING CLASSES AND 0-5 SERVICES

Sutter County Children and Families Commission: Programs, information, resources, trainings, and activities for families of children ages 0-5 living in Sutter County. 1445 Veterans Memorial Circle, Yuba City; 530-822-7505; <https://sutterkids.org/>

Help Me Grow: FREE monthly health and development screenings for Sutter County children ages 0-5; for dates and locations, call 530-822-7505 or go to www.sutterkids.org

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Parent Project (Yuba County): Parenting for strong willed or defiant children; For more info or to register call 530-749-4972 or email amanda.collier@yubacoe.k12.ca.us

Zoom Positive Discipline 2021: Parenting workshops for Yuba Sutter families with children ages 0-7; for more info call 530-749-4040 or 530-301-1654; to register go to <https://tinyurl.com/pdeve22>

Parent Project (Sutter County): Learn prevention/intervention strategies for challenging behaviors of teens ages 10+; 10 or 16 weeks, Sutter County Probation, call 530-822-4371. FREE

Love and Logic Early Childhood Parenting: Online courses (there is a fee); <https://courses.loveandlogic.com/> or call 800-338-4065

LOW-COST INTERNET SERVICES

United Way: Broadband Internet for \$10-\$20/month for income eligible people. Text INTERNET to 211-211 or visit <http://broadband.unitedwaysca.org/>

Xfinity: Comcast will offer new residential customers who qualify its \$9.95-per-month, with the first 3 months free. <https://apply.internetessentials.com/> **855-846-8376**

AT&T offers families with at least one person in household who is a SNAP participant 10Mbps home internet service for \$10.00 per month. Call **855-220-5211** or go to <https://www.att.com/internet/access/>

COVID-19 TESTING

1. Ampla Health, 1000 Sutter Street, Yuba City; 530-673-9420; Sutter County only, MD referral required
2. Peach Tree Health, 5730 Packard Avenue, Marysville; 530-812-7011; Yuba County only, MD referral req.
3. OptumServe: Parking lot of 832 Gray Ave., Mon – Fri, 7AM – 7PM; reg online or call 888-634-1123
4. CVS Drive-Thru Testing Site: 906 E Street, Marysville, by appt. only, register online
5. Rite Aid Pharmacy: 1590 Butte House Road, Yuba City, 8AM – 10PM, 530-755-3846

More sites and information: <https://www.suttercounty.org/community/coronavirus-updates/coronavirus-testing>

Free At-Home COVID-19 Tests (federal government)

<https://special.usps.com/testkits>

COVID-19 VACCINATIONS

Schedule online at <https://www.vaccines.gov/search/>

Schedule by phone:

Ampla Health YC Medical: 530-673-9420

Ampla Health Pediatrics: 530-671-8820

Ampla Health Richland Medical: 530-674-9200

Ampla Health Lindhurst: 530-743-4611

Peach Tree Health: 530-749-3242

SUTTER COUNTY PUBLIC HEALTH VACCINE CLINICS

Free Flu, COVID-19, and school vaccinations; 1445 Veterans Memorial Circle, YC; 530-822-7215

BENEFITS – STATE AND COUNTY

BenefitsCAL is a one-stop location for CalFresh, CalWORKS, Medi-Cal, County Medical Services Program, Disaster CalFresh, and General Assistance/General Relief. Go to <https://www.benefitscal.org/>

Sutter County Office: 190 Garden Highway, Yuba City; 877-652-0735, M-F, 8:00AM – 5:00PM

HOME ENERGY ASSISTANCE PROGRAM (HEAP)

Updated 2.22.2022

HEAP offers income-eligible residents of Sacramento, Sutter, and Yuba Counties a credit to their utility bill. It's available for customers of PG&E, SMUD or those who heat their home using wood, propane, or oil purchased from a vendor. Apply online at <https://www.communityresourceproject.org/Services/Energy-Programs/Apply-Online> or call 530-671-7590 (Yuba/Sutter).

EMPLOYMENT

OnwardCA <https://onwardca.org/resources/?state=ca&lang=en>

This website aims to serve as a one-stop repository of information and resources for workers displaced by the COVID-19 pandemic." There are links to information and resources in three areas of need: Immediate sources for monetary aid for both workers and employers; Emergency non-monetary resources such as food, shelter, medicine, childcare and more; and Job matching to pair up workers' skills with companies that are doing immediate hiring.

The website is a collaboration between Bitwise Industries, Kapor Center, Gov. Gavin Newsom's office, LinkedIn and Salesforce.

Employment Development Department https://www.edd.ca.gov/about_edd/coronavirus-2019.htm

California Coronavirus Response <https://covid19.ca.gov/>

Sutter County One Stop: www.sutteronestop.com 530-822-5120

EXPANDED CHILD TAX CREDIT

For families who don't file taxes or have a bank account, go to: <https://www.getctc.org/en> This tool is bilingual and mobile-friendly.

MEDICAL INSURANCE

For people who have suddenly lost their job and/or health insurance there are a few of options: People who had health insurance through their job and no longer have that job are entitled to continued coverage under COBRA for at least 18 months; however, the premium for this coverage will be higher because the employer is no longer paying their part.

People who do not want to use COBRA may be able to buy coverage through Covered California (California's version of the Affordable Care Act). It is worth investigating because the federal financial assistance is augmented by new state subsidies available for Californians who make up to \$75,000 per year, or up to \$150,000 per year for a family of four. www.coveredca.com/see-if-you-qualify-for-financial-help/

Covered California enrollment is still open. Call 800-300-1506 for more information.

People with low or no income may qualify for Medi-Cal; most Californians with incomes under \$17,200 or a family of four under \$35,500 will not have to pay a premium. Go to <https://www.dhcs.ca.gov/services/med-cal/Pages/ApplyforMedi-Cal.aspx>

EMERGENCY ALERT

Yuba County: bepreparedyuba.org

Sutter County: bepreparedsutter.org