

**ASIST****LivingWorks**

Helpers in Your Community (Keep Safe Connections)

Keep Safe Connections are **Able, Approachable, and Available** to help with suicide. They know how to do suicide first aid (trained in suicide intervention). Different kinds of helpers in your community may have this training but some may not. It is best to check before adding them to this list.

530-673-8255 or 1-888-923-3800

SUTTER-YUBA BEHAVIORAL HEALTH CRISIS LINE

916-392-0664

FRIENDS FOR SURVIVAL

1-800-273-8255 or 916-368-3111

SUICIDE PREVENTION CENTER NATIONAL HOTLINE

530-749-3242

PEACH TREE MEDICAL CLINIC

1-800-852-8336

TEEN LINE NATIONAL HOTLINE

530-749-3665

GRIEFSUPPORT GROUP- SUTTER NORTH HEALTH GROUP

1-800-621-4673 or 1-800-656-4673

RAPE/SEXUAL ASSAULT CENTER NATIONAL HOTLINES

530-674-4261

AMPLA MEDICAL CLINIC

1-916-554-2400 or 1-800-799-7233

DOMESTIC VIOLENCE NATIONAL HOTLINES

1-800-843-5200

YOUTH CRISIS LINE CALIFORNIA HOTLINE

1-800-799-7233 or 1-916-920-2952

SEXUAL ABUSE NATIONAL HOTLINES

1-888-281-3000

PARENT SUPPORT LINE

1-800-422-4453

CHILD ABUSE NATIONAL HOTLINE

530-673-5900

TRAUMA INTERVENTION PROGRAM

Sutter Sheriff 822-7307 or Yuba Sheriff 749-7777

COUNTY SHERIFF'S DEPARTMENTS

866-901-3212

SUTTER & YUBA CHILD SUPPORT SERVICES

866-488-7386

THE TREVOR PROJECT

1-707-422-9234

NARCOTICS ANONYMOUS

911

POLICE/FIRE/MEDICAL EMERGENCY

530-822-7200

SUBSTANCE ABUSE COUNSELING

530-749-4300

RIDEOUT MEMORIAL HOSPITAL EMERGENCY

1-866-800-1369

ALCOHOLICS ANONYMOUS

530-216-4530

YUBA SUTTER SALVATION ARMY EMERGENCY SHELTER

1-800-971-0016 or 415-752-3778

FRIENDSHIP LINE NATIONAL or LOCAL LINE

530-674-2040

CASA de ESPERANZA SEXUAL ASSULT/DOM-VIOL

866-668-8972

TWIN CITIES RESCUE MISSION MINISTRIES

530-743-6888

HARMONY HEALTH CLINIC

530-742-5191

LEGAL ASSISTANCE

530-822-7513

SYBH CHILDREN/YOUTH SERVICES

Yuba 530-741-6275 Sutter 530-822-7345

YUBA & SUTTER COUNTY VICTIM WITNESS PROGRAMS



Sutter Yuba Network of Care Website www.sutter.networkofcare.org

Sutter Yuba Mental Health Services (SYMHS)

Who or what might be on your own list of Keep Safe Connections?



Who or what might be on others' lists of Keep Safe Connections?